



New Life: 5-Week Preschool Curriculum

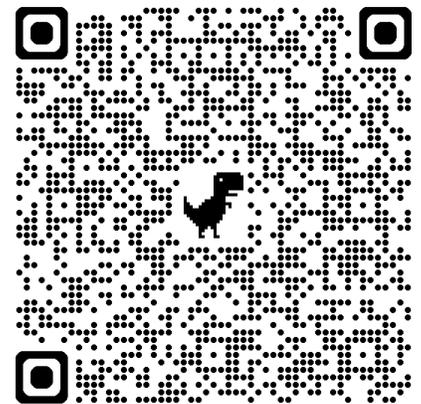
This curriculum helps little ones (ages 3-5) learn about the amazing love and joy Jesus gives us. Over five weeks, preschoolers will hear Bible stories about how Jesus helps us in all kinds of ways and shows us how much He cares. These lessons are simple, fun, and full of hope to help young hearts feel God's love.

Main Idea: Jesus gives us NEW LIFE full of love and joy!

Bible Memory Verse: John 10:10b

👉 You are viewing the week #1 lesson plan as a free sample. Use this link to get the complete 5-week curriculum series and take \$25 off with code **NEW25** at checkout.

<https://sundayschool.store/products/new-life-prek-5-lesson-easter>



5-Week Teaching Schedule

Week 1 – God Has a Plan for Me

Bible Story: Jesus Predicts His Death and Resurrection (Mark 8:31–38)

Summary: Even before we were born, God had a plan for us! This week, we learn that Jesus knows everything and is always with us. He helps us trust Him, even when things feel scary or confusing.

Week 2 – Jesus Gives Us New Life

Bible Story: Raising Lazarus (John 11:1–44)

Summary: Jesus is so powerful He can do amazing things, even bring people back to life! This week, we learn that Jesus gives us new life and hope. He helps us when we are sad or scared, reminding us He is always with us.

Week 3 – Jesus Forgives Me

Bible Story: Peter Denies Jesus and Is Later Restored (John 18, John 21)

Summary: Everyone makes mistakes. This week, we learn that Jesus always forgives us when we say we're sorry. He loves us even when we mess up, and He helps us start fresh.

Week 4 – I Can Remember Jesus' Love

Bible Story: The Last Supper (John 13:1–30)

Summary: Jesus loves us so much He wants us to always remember Him. This week, we learn simple ways to remember Jesus and His love for us, even when we're busy or playing.

Week 5 – Jesus is Alive Forever!

Bible Story: Jesus Raised and Appears to Mary Magdalene (John 20:11–18)

Summary: Jesus didn't stay dead—He's alive! Because Jesus is alive, we can have joy every day. This week, we celebrate that Jesus is with us always and gives us hope for forever., hearts feel God's love.





John 10:10b NIV

**I have come that they may have life,
and have it to the full.**



John 10:10b KJV

**I am come that they might have life, and
that they might have it more
abundantly.**



John 10:10b ESV

**I came that they may have life and have
it abundantly.**



John 10:10b NLT

**My purpose is to give them a rich and
satisfying life.**



Week 1 – God Has a Plan for Me

Bible Story: Jesus Predicts His Death and Resurrection (Mark 8:31-38)

Lesson Main Idea: Jesus knows everything and has a plan to help us!

Summary: Even before we were born, God had a plan for us! This week, we learn that Jesus knows everything and is always with us. He helps us trust Him, even when things feel scary or confusing.

Video Bible Stories: Use this link to access recommended Bible story videos and bonus content for this curriculum series. https://linktr.ee/new_life_lessons



Week 1 - Supply List

Arrival & Guided Play: These are just suggested toys; anything similar will work.

- Building Blocks (any kind, such as wooden blocks, LEGO, or foam blocks)
- Toy Cars & Ramps (small toy cars and a ramp made of cardboard, wood, or a plastic track)
- Playdough (several colors for making little people)
- Tape or Paper for Pathway Walk (masking tape to mark a path on the floor or sheets of colored paper to create stepping stones)

Bible Story (Visuals provided in this lesson plan)

- Printed picture of Jesus with His disciples
- Printed picture of Jesus comforting His disciples

Craft: Path of God's Plan Collage

- Large sheets of construction paper (one per child)
- Small pre-cut paper shapes (e.g., stepping stones, arrows)
- Glue sticks
- Markers or crayons

Arrival and Guided Play (5-10 minutes)

As the children arrive, warmly greet arriving children and invite them to the play area. This week's focus is learning "**God Has a Plan for Me.**" Introduce this concept simply and playfully using toys and activities. This flexible time allows for arrival and transition into the class setting.

Toy/Activity Ideas:

1. **Building Blocks** – Let's build a road together! We don't know exactly how it will turn out, but we can make a plan as we go. God has a plan for us, too!
2. **Toy Cars & Ramps** – Let's roll our cars down this ramp. We can't see where they'll go, but we trust they will reach the bottom. Jesus knew what would happen to Him, and He trusted God's plan.
3. **Playdough People** – Let's make little people out of playdough. God made each of us, and He has a special plan for everyone!
4. **Pathway Walk** – Lay out a path with tape or paper on the floor and have children walk along it. Even if they don't know where it leads, they can trust it will take them somewhere—just like we trust God's plan.

TRANSITION: Let's march like we're following a great leader! (March in place and encourage kids to follow.) Where are we going? To our next fun activity—games!



Group Game (5 minutes)

Simon Says: Jesus Knows the Plan

After all the children have arrived and are settled, invite the children to gather together to play this simple group game.

SETUP: Clear an open space where children can move around safely.

TEACHER: Alright, friends! We're going to play a fun game called "Simon Says," but today, it's called "Jesus Knows the Plan." I'll give you some instructions, but you should only do the action if I say, "Jesus says" first. If I don't say, "Jesus says," you stay still!

Let's practice! (Give an example: "Jesus says clap your hands" and clap along, then "Touch your nose" without saying "Jesus says." Make sure the children understand before starting.)

- Jesus says march in place.
- Jesus says raise your arms up high.
- Spin around (pause to see who follows without "Jesus says").
- Jesus says hop like a bunny.
- Jesus says pretend to pray.
- Jump up and down (pause again).
- Jesus says give a big smile!

Transition to Song Time: Great job, everyone! Jesus always knows what to do and has a plan to help us. Let's stretch our arms like a big plan and move quietly to the singing area for our next activity.

Song Time and Memory Verse (5 minutes)

Use these song suggestions, introduce your own, or let the children choose their favorites. Remember to keep it simple and have fun singing to God together!

"Jesus Loves Me"	"He's Got the Whole World in His Hands"
<p>Jesus loves me, this I know, (cross arms in a self-hug)</p> <p>For the Bible tells me so. (pretend to hold open a book)</p> <p>Little ones to Him belong (use two hands up to show small),</p> <p>They are weak, but He is strong. (flex arms to show strong)</p> <p>Yes, Jesus loves me, (x3) (cross arms in self hug)</p> <p>The Bible tells me so. (pretend to hold open a book)</p>	<p>He's got the whole world in his hands, (make a big circle with your arms) (cup hands together as if holding something)</p> <p>He's got the whole world in his hands, He's got the whole world in his hands, He's got the whole world in his hands,</p> <p>(Add fun variations like "The little bitty babies," "You and me, sister," or name the children in your class..)</p>

Bible Memory Verse: John 10:10b

- Using your church's preferred Bible translation, read the memory verse slowly and invite the children to repeat in short 2-3 word phrases.
- Memory verses can be difficult for many preschoolers, so don't force it. Simply praise children for their efforts, and repeat this same verse each week.

Transition to Bible Story: Wonderful singing! Jesus knows everything and has a plan to take care of the whole world, including us. Now let's tiptoe to the story area and get ready to hear a special Bible story!



Bible Story (10 minutes)

Jesus Predicts His Death and Resurrection

Bible Reference: Mark 8:31–38

Main Idea: Jesus knows everything and has a plan to help us!

SUPPLIES NEEDED:

- Printed picture of Jesus with His disciples.
- Printed picture of Jesus comforting His disciples.

TEACHER: Friends, it's time for our Bible story! Let's all sit crisscross applesauce and put on our listening ears. (Cup hands around ears dramatically.)

Today, we're going to hear about a time when Jesus told His friends something very important. He wanted them to know that He has a plan! Let's find out what He said!

(Hold up the picture of Jesus with His disciples.)

Jesus was sitting with His closest friends, called the disciples. They loved being with Jesus and listening to His stories. One day, Jesus looked at them with love and said, "Something very important is going to happen soon. It might feel sad for a little while, but don't worry! I have a plan."

Jesus told His friends that He was going to be hurt very badly and even die. (Pause to let children process.) But Jesus wasn't afraid because He loved His friends and us so much. He told them, "This is part of God's big plan to take away sin and help everyone be close to God forever!"



The disciples looked at each other. They didn't understand. (Make a confused face and encourage the children to do the same.) But Jesus knew everything!

(Hold up the picture of Jesus comforting His disciples.)

Jesus wanted His friends to trust Him. Even when things felt sad or scary, He told them, "God's plan is always good! I will die, but I won't stay dead. After three days, God will make me alive again!"

Can you show me your biggest happy face? (Smile big!) That's how happy Jesus' friends would be when they saw Him alive again!

Jesus' plan wasn't just for His disciples. It's for us too! Jesus wants us to remember that He is always with us and will help us every day. Even when we don't know what will happen next, Jesus knows!

PRAYER TIME:

Let's talk to Jesus together. Repeat after me:

Dear Jesus,

Thank You for having a plan to help us.

Help us to trust You every day.

We love You.

Amen.

Transition to Craft: Let's stand up and stretch like big, tall trees growing toward the sky. Now let's walk to the table for a fun craft to help us remember today's lesson!

Jesus Teaching the Disciples



Jesus Comforting the Disciples



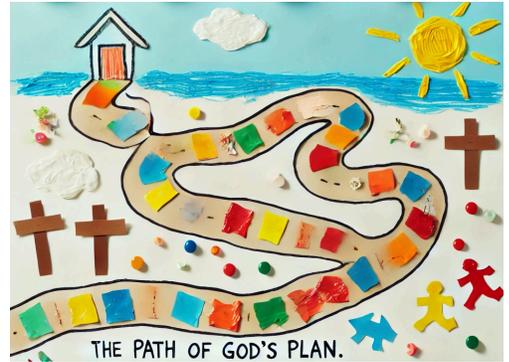
Jesus Said He Would Rise Again



Craft (10 minutes) God's Plan Collage

SUPPLIES NEEDED:

- Large sheets of construction paper (one per child)
- Small pre-cut paper shapes (e.g., stepping stones, arrows, etc.)
- Glue sticks
- Markers or crayons



TEACHER: Alright, friends! Today we're going to make a craft to remind us that Jesus has a plan for us, and we can trust Him to show us the way. This craft is called "The Path of God's Plan." (Hand out the large construction paper.)

First, let's use our markers or crayons to draw a big path across the paper. It can go up and down, side to side, or around in a fun wiggly way. (Now give them the pre-cut shapes.)

Next, these little shapes are like stepping stones. Let's glue them onto our path to show the steps Jesus takes to help us. Can you think of things Jesus does to help us? Maybe we can draw or write those ideas on the stepping stones!

(Encourage responses like: "Jesus loves me," "Jesus keeps me safe," or "Jesus shows me the way.")

Once you've added all your stepping stones, take a look at your path. Isn't it amazing? Jesus always knows the right way to go, and He helps us every step of the way! Your paths look so wonderful! Let's remember that Jesus knows everything and has a plan to help us.

Name: _____

Connect the dots and complete the words based on your drawing.

New Life

Easter

New Life

Easter





Week 1 – Parent Connect God Has a Plan for Me

Scan this QR code to access free Bible Story videos, kids' worship songs, and printables to continue learning at home.



Bible Story: Jesus Predicts His Death and Resurrection
(Mark 8:31-38)

Summary: Even before we were born, God had a plan for us! This week, we learn that Jesus knows everything and is always with us. He helps us trust Him, even when things feel scary or confusing. This was week 1 of 5 in our New Life series. We want to encourage your commitment to your child's growing faith. We are grateful to share in this journey with you!



THE SUNDAY SCHOOL STORE

You love children's ministry, but some days, *it feels like too much.*

You're pulled in every direction—lesson prep, volunteers, tight budgets—and wondering if all your effort is really making a difference.

But children's ministry should be joyful, not stressful. That's why we create Bible-centered, ready-to-use curriculum for small churches like yours.

✔ No complicated prep

💡 Just fun and Biblically solid lessons that kids love

🏫 And volunteers can actually teach with confidence

Because when teaching is simple, ministry becomes joyful again.

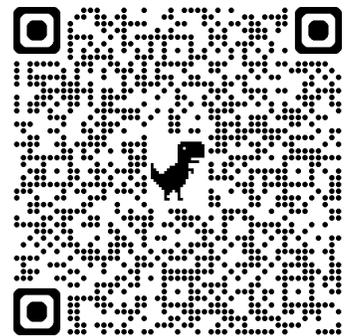
👉 What's Next?

Step #1 ✨ Get more free resources – [Click here](#)

Step #2 📝 Help shape the future – [5-minute survey](#)

Step #3 📖 Upgrade to NEW curriculum – [Click here](#)

👉 Take **\$25 off with code NEW25** at checkout.



Thank you for serving God's children. May He bless your ministry for His glory and the joy of the next generation.

Tony Kummer
Founder & Editor
[The Sunday School Store](#)
[Ministry-To-Children.com](#)